

AGENDA

51st Annual Symposium on Sports Medicine

February 17-18, 2024

Day 1: Saturday, February 17, 2024

7:30 am ***Introduction & Welcoming Remarks***
Jesse C. DeLee, MD, Thomas M. DeBerardino, MD, &
Guy W. Nicolette, MD

SYMPOSIUM: GENERAL SPORTS MEDICINE

7:35 am Moderator: Jorge E. Gomez, MD

7:35-7:55 am **Preparticipation Physical**
Samantha Baginski, DO

7:55-8:15 am **Heat Illness**
Kenneth O. Kenneth-Nwosa, MD

8:15-8:35 am **Diabetes in the Athlete**
Jorge E. Gomez, MD

8:35-8:55 am **Asthma in the Athlete**
Ramy Noche, MD

8:55-9:15 **Sickle Cell Disease in the Athlete**
Kenneth O. Kenneth-Nwosa, MD

9:15-9:35 am ***Panel Discussion***

9:35-9:55 am Break

SYMPOSIUM: HEAD AND SPINE IN SPORTS

9:55 am Moderator: Ajeya Joshi, MD

9:55-10:15 am **Concussion Update**
Jonathan Santana, DO

10:15-10:35 am **CTE: Where Are We?**
Jorge E. Gomez, MD

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| 10:35-10:55 am | C-Spine Injuries Ajeya Joshi, MD |
| 10:55-11:15 am | Lumbar Spine Injuries Christopher Chaput, MD |
| 11:15-11:35 am | Stingers and Burners Fred G. Corley, MD |
| 11:35-12:00 pm | <i>Panel Discussion</i> |

12:00-1:00 pm Lunch

SYMPOSIUM: FOOT AND ANKLE

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| 1:00 pm | Moderator: Mark M. Casillas, MD |
| 1:00-1:15 pm | Mid-Foot Injuries Shumaila Sarfani, MD |
| 1:15-1:30 pm | Syndesmosis - High Ankle Sprain Mayo J. Galindo, Jr., MD |
| 1:30-1:50 pm | Achilles Tendon Pathology Mark M. Casillas, MD |
| 1:50-2:10 pm | Stress Fractures in the Lower Extremity Thomas Hand, MD |
| 2:10-2:30 pm | Compartment Syndrome – Acute and Chronic Mark M. Casillas, MD |
| 2:30-2:45 pm | <i>Panel Discussion</i> |

2:45-3:00 pm BREAK

SYMPOSIUM: THE SKELETALLY IMMATURE ATHLETE

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| 3:00 pm | Moderator: Steven Gibbons, MD |
| 3:00-3:20 pm | Upper Extremity Injuries in the Adolescent Athlete Steven Gibbons, MD |
| 3:20-3:40 pm | Lumbar Spine Injuries in the Adolescent Athlete Kendall Taylor Anigian, MD |
| 3:40-3:55 pm | Lower Extremity Injuries in the Adolescent Athlete Steven Gibbons, MD |
| 3:55-4:15 pm | <i>Panel Discussion</i> |

ANATOMY WORKSHOPS

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| 4:30-5:45 pm | Moderator: Jesse C. DeLee, MD |
| | Anatomy I – Foot & Ankle Mark M. Casillas, MD |
| | Anatomy II – The Knee Jesse C. DeLee, MD & Philip Jacobs, MD |
| 5:45 pm | Adjourn |

Day 2: Sunday, February 18, 2024

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| 7:30 am | <i>Welcoming Remarks</i> Jesse C. DeLee, MD, Thomas M. DeBerardino, MD, & Guy W. Nicolette, MD |
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SYMPOSIUM: UPPER EXTREMITY

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| 7:30 am | Moderator: Fred G. Corley, MD |
| 7:30-7:50 am | Examination of the Shoulder Thomas M. DeBerardino, MD |
| 7:50-8:10 am | Rotator Cuff and SLAP Lesions Matthew Murray, MD |

8:10-8:30 am **AC, SC, and Clavicle Injuries**
Anil K. Dutta, MD

8:30-8:50 am **Shoulder Instability**
Michael D. Loeb, MD

8:50-9:10 am **Hand Injuries in the Athlete**
Ryan Rose, MD

9:10-9:30 am **Elbow Injuries in the Athlete**
Bernard Morrey, MD

9:30-9:50 am ***Panel Discussion***

9:50-10:10 am BREAK

SYMPOSIUM: LOWER EXTREMITY

10:10 am Moderator: Kenneth O. Kenneth-Nwosa, MD

10:10-10:30 am **Hip Injuries in Athletes**
Travis Burns, MD

10:30-10:50 am **Physical Therapy Following Athletic Injuries to Lower Extremity**
Marie Charpentier, DPT

10:50-11:10 am **Hamstring and Quadriceps Injuries**
Kenneth O. Kenneth-Nwosa, MD

11:10-11:30 am ***Panel Discussion***

11:30-12:30 pm Lunch

SYMPOSIUM: THE KNEE

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| 12:30 pm | Moderator: Jesse C. DeLee, MD |
| 12:30-12:50 pm | Knee Imaging Jennifer Swart, MD |
| 12:50-1:10 pm | Meniscal Injury and Repair Douglas Elenz, MD |
| 1:10-1:30 pm | Articular Cartilage Injury Thomas M. DeBerardino, MD |
| 1:30-1:50 pm | Patellofemoral Joint Matthew C. Murray, MD |
| 1:50-2:10 pm | Orthobiologics in 2023 Guy W. Nicolette, MD |
| 2:10-2:30 pm | Posterior Cruciate Ligament Injury Thomas M. DeBerardino, MD |
| 2:30-2:50 pm | Collateral Ligament Injury Philip M. Jacobs, MD |
| 2:50-3:10 pm | Patellar Tendinopathy Guy W. Nicolette, MD |
| 3:10-3:30 pm | ACL Update Jesse C. DeLee, MD |
| 3:30-3:50 pm | <i>Panel Discussion</i> |

3:50-4:00 pm **BREAK**

WORKSHOPS

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| 4:00-5:30 pm | Biomechanics in Rehabilitation Renee Thiebaud, PhD, PT Meg Jacobs, PT |
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Concussions

Daren Molina, MD
Kirsten Schneider, MD

Sports Medicine Care

Jesse C. DeLee, MD
Mark M. Casillas, MD
Thomas M. DeBerardino, MD
John Pearce, MD

5:30 pm

Adjourn