

# AGENDA

## 51<sup>st</sup> Annual Symposium on Sports Medicine

February 17-18, 2024

### Day 1: Saturday, February 17, 2024

#### Breakfast on Your Own

7:30 am

#### *Introduction & Welcoming Remarks*

Jesse C. DeLee, MD, Thomas M. DeBerardino, MD, &  
Guy W. Nicolette, MD

### SYMPOSIUM: GENERAL SPORTS MEDICINE

7:35 am

Moderator: Jorge E. Gomez, MD

7:35-7:55 am

#### **Preparticipation Physical**

Samantha Baginski, DO

7:55-8:15 am

#### **Heat Illness**

Kenneth O. Kenneth-Nwosa, MD

8:15-8:35 am

#### **Diabetes in the Athlete**

Jorge E. Gomez, MD

8:35-8:55 am

#### **Asthma in the Athlete**

Ramy Noche, MD

8:55-9:15 am

#### **Sickle Cell Disease in the Athlete**

Kenneth O. Kenneth-Nwosa, MD

9:15-9:35 am

#### *Panel Discussion*

9:35-9:55 am

#### **Break**

### SYMPOSIUM: HEAD AND SPINE IN SPORTS

9:55 am

Moderator: Ajeya Joshi, MD

9:55-10:15 am

#### **Concussion Update**

Jonathan Santana, DO

10:15-10:35 am

#### **CTE: Where Are We?**

Jorge E. Gomez, MD

10:35-10:55 am	<b>C-Spine Injuries</b> Ajeya Joshi, MD
10:55-11:15 am	<b>Lumbar Spine Injuries</b> Christopher Chaput, MD
11:15-11:35 am	<b>Stingers and Burners</b> Fred G. Corley, MD
11:35-12:00 pm	<b><i>Panel Discussion</i></b>

**12:00-1:00 pm Lunch**

#### **SYMPOSIUM: FOOT AND ANKLE**

1:00 pm	Moderator: Mark M. Casillas, MD
1:00-1:15 pm	<b>Mid-Foot Injuries</b> Shumaila Sarfani, MD
1:15-1:30 pm	<b>Syndesmosis - High Ankle Sprain</b> Mayo J. Galindo, Jr., MD
1:30-1:50 pm	<b>Achilles Tendon Pathology</b> Mark M. Casillas, MD
1:50-2:10 pm	<b>Stress Fractures in the Lower Extremity</b> Thomas Hand, MD
2:10-2:30 pm	<b>Compartment Syndrome – Acute and Chronic</b> Mark M. Casillas, MD
2:30-2:45 pm	<b><i>Panel Discussion</i></b>

**2:45-3:00 pm BREAK**

## SYMPOSIUM: THE SKELETALLY IMMATURE ATHLETE

3:00 pm	Moderator: Steven Gibbons, MD
3:00-3:20 pm	<b>Upper Extremity Injuries in the Adolescent Athlete</b> Steven Gibbons, MD
3:20-3:40 pm	<b>Lumbar Spine Injuries in the Adolescent Athlete</b> Kendall Taylor Anigian, MD
3:40-3:55 pm	<b>Lower Extremity Injuries in the Adolescent Athlete</b> Steven Gibbons, MD
3:55-4:15 pm	<b><i>Panel Discussion</i></b>

## ANATOMY WORKSHOPS

4:30-5:45 pm	Moderator: Jesse C. DeLee, MD
	<b>Anatomy I – Foot &amp; Ankle</b> Mark M. Casillas, MD
	<b>Anatomy II – The Knee</b> Jesse C. DeLee, MD & Philip Jacobs, MD
5:45 pm	<b>Adjourn</b>

## Day 2: Sunday, February 18, 2024

### Breakfast on Your Own

7:30 am	<b><i>Welcoming Remarks</i></b> Jesse C. DeLee, MD, Thomas M. DeBerardino, MD, & Guy W. Nicolette, MD
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## SYMPOSIUM: UPPER EXTREMITY

7:30 am	Moderator: Fred G. Corley, MD
7:30-7:50 am	<b>Examination of the Shoulder</b> Thomas M. DeBerardino, MD

7:50-8:10 am **Rotator Cuff and SLAP Lesions**  
Matthew Murray, MD

8:10-8:30 am **AC, SC, and Clavicle Injuries**  
Anil K. Dutta, MD

8:30-8:50 am **Shoulder Instability**  
Michael D. Loeb, MD

8:50-9:10 am **Hand Injuries in the Athlete**  
Brian W. Sager, MD

9:10-9:30 am **Elbow Injuries in the Athlete**  
Bernard Morrey, MD

9:30-9:50 am ***Panel Discussion***

**9:50-10:10 am BREAK**

#### **SYMPOSIUM: LOWER EXTREMITY**

10:10 am Moderator: Kenneth O. Kenneth-Nwosa, MD

10:10-10:30 am **Hip Injuries in Athletes**  
Matthew Murray, MD

10:30-10:50 am **Physical Therapy Following Athletic Injuries to Lower Extremity**  
Marie Charpentier, DPT

10:50-11:10 am **Hamstring and Quadriceps Injuries**  
Kenneth O. Kenneth-Nwosa, MD

11:10-11:30 am ***Panel Discussion***

**11:30-12:30 pm Lunch**

## SYMPOSIUM: THE KNEE

12:30 pm	Moderator: Jesse C. DeLee, MD
12:30-12:50 pm	<b>Knee Imaging</b> Jennifer Swart, MD
12:50-1:10 pm	<b>Meniscal Injury and Repair</b> Matthew Crozier, MD
1:10-1:30 pm	<b>Articular Cartilage Injury</b> Thomas M. DeBerardino, MD
1:30-1:50 pm	<b>Patellofemoral Joint</b> Matthew C. Murray, MD
1:50-2:10 pm	<b>Orthobiologics in 2023</b> Guy W. Nicolette, MD
2:10-2:30 pm	<b>Posterior Cruciate Ligament Injury</b> Thomas M. DeBerardino, MD
2:30-2:50 pm	<b>Collateral Ligament Injury</b> Jesse C. DeLee, MD
2:50-3:10 pm	<b>Patellar Tendinopathy</b> Guy W. Nicolette, MD
3:10-3:30 pm	<b>ACL Update</b> Jesse C. DeLee, MD
3:30-3:50 pm	<b><i>Panel Discussion</i></b>

**3:50-4:00 pm**      **BREAK**

## WORKSHOPS

4:00-5:30 pm	<b>Biomechanics in Rehabilitation</b> Renee Thiebaud, PhD, PT Meg Jacobs, PT
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**Concussions**

Jorge E. Gomez, MD

**Sports Medicine Care**

Jesse C. DeLee, MD

Mark M. Casillas, MD

Thomas M. DeBerardino, MD

**5:30 pm**

**Adjourn**