

AGENDA

52nd Annual “Virtual” Symposium on Sports Medicine

March 1-2, 2025

Day 1: March 1, 2025

7:30 am ***Introduction & Welcoming Remarks***
Jesse C. DeLee, MD, Thomas M. DeBerardino, MD &
Guy W. Nicolette, MD

SYMPOSIUM: GENERAL SPORTS MEDICINE

7:35 am Moderator: Guy W. Nicolette, MD

7:35-7:55 am **The Preparticipation Physical**
Samantha Baginski, DO

7:55-8:15 am **On the Field Emergencies**
Ramy Noche, MD

8:15-8:35 am **Heat Illness, Diagnosis, Classification and Treatment**
Alberto Oseguera, MD

8:35-8:55 am **Environmental Factors Affecting Heat Injury, WGBT,
Practice Limitations**
Jorge E. Gomez, MD

8:55-9:15 **Sickle Cell Disease in the Athlete**
Jeff Svec, MD

9:15-9:35 am ***Panel Discussion***

9:35-9:55 am BREAK

SYMPOSIUM: HEAD AND SPINE IN SPORTS

9:55 am Moderator: Ajeya Joshi, MD

9:55-10:15 am **Concussion Diagnosis and Return to Play Criteria**
Jorge E. Gomez, MD

10:15-10:35 am	Dental Injuries in Athletes Steven Buckley, DDS, MD
10:35-10:55 am	C-Spine Injuries: On the Field Management and Return To Play Criteria Ajeya Joshi, MD
10:55-11:15 am	Lumbar Spine Issues in Sports: Diagnosis and Treatment Christopher Chaput, MD
11:15-11:35 am	Brachial Plexus Injury: Diagnosis and Return to Play Criteria Fred Corley, MD
11:35-12:00 pm	<i>Panel Discussion</i>

12:00-1:00 pm BREAK

SYMPOSIUM: FOOT AND ANKLE

1:00 pm	Moderator: Mark M. Casillas, MD
1:00-1:15 pm	Mid-Foot Injuries Mark M. Casillas, MD
1:15-1:30 pm	Syndesmosis Injury; The High Ankle Sprain Mayo J. Galindo, Jr., MD
1:30-1:50 pm	Lateral Ankle Sprains, Diagnosis and Treatment Shumalia Sarfani, MD
1:50-2:10 pm	Stress Fractures in the Lower Extremity and Foot Mark M. Casillas, MD
2:10-2:30 pm	Compartment Syndrome – Acute and Chronic Thomas Hand, MD
2:30-2:45 pm	<i>Panel Discussion</i>

2:45-3:00 pm BREAK

SYMPOSIUM: THE SKELETALLY IMMATURE ATHLETE

3:00 pm	Moderator: Jeremy Rush, MD
3:00-3:20 pm	Growth Plate Injury in the Pediatric Athlete Jeremy Rush, MD
3:20-3:40 pm	Lumbar Spine Injuries in the Adolescent Athlete Kendall Taylor Anigian, MD
3:40-3:55 pm	Lower Extremity Injuries in the Pediatric Athlete Jeremy Rush, MD
3:55-4:15 pm	<i>Panel Discussion</i>

ANATOMY WORKSHOPS

4:30-5:45 pm	Moderator: Jesse C. DeLee, MD
	Anatomy I – Shoulder and Elbow Philip M. Jacobs, MD
	Anatomy II – The Hand Fred G. Corley, MD

5:45 pm **Adjourn**

Day 2: Sunday, March 2, 2025

7:30 am	<i>Welcoming Remarks</i> Jesse C. DeLee, MD, Thomas M. DeBerardino, MD & Guy W. Nicolette, MD
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SYMPOSIUM: UPPER EXTREMITY

7:30 am	Moderator: Fred G. Corley, MD
7:30-7:50 am	Examination of the Shoulder and Elbow David Heath, MD

7:50-8:10 am **Shoulder Instability**
Matthew C. Murray, MD

8:10-8:30 am **AC, SC, and Clavicle Injuries**
Anil K. Dutta, MD

8:30-8:50 am **Rotator Cuff and SLAP lesions**
Michael D. Loeb MD

8:50-9:10 am **Hand Injuries in the Athlete**
Brian W. Sager, MD

9:10-9:30 am **Ulnar Collateral Ligament and Other Elbow Injuries in the Athlete**
Bernard Morrey, MD

9:30-9:50 am ***Panel Discussion***

9:50-10:10 am BREAK

SYMPOSIUM: LOWER EXTREMITY

10:10 am Moderator: Kenneth O. Kenneth-Nwosa, MD

10:10-10:30 am **Hip Injuries in Athletes**
Travis Burns, MD

10:30-10:50 am **Physical Therapy Following Athletic Injuries to Lower Extremity**
Dom Rangel, DPT

10:50-11:10 am **Hamstring and Quadriceps Injuries, Diagnosis and Preventative Exercise**
Kenneth O. Kenneth-Nwosa, MD

11:10-11:30 am ***Panel Discussion***

11:30-12:30 pm BREAK

SYMPOSIUM: THE KNEE

- 12:30 pm Moderator: Jesse C. DeLee, MD
- 12:30-12:50 pm **Knee Imaging**
Jennifer E. Swart, MD
- 12:50-1:10 pm **Meniscal Injury, Diagnosis, Classification and Treatment**
Thomas M. DeBerardino, MD
- 1:10-1:30 pm **Articular Cartilage Injury**
Matthew Crozier, MD
- 1:30-1:50 pm **Patellofemoral Joint: Evaluation and Non-operative Treatment**
K. Renee Thiebaud, PhD, PT
- 1:50–2:10 pm **The Role of PRP in Sports Medicine**
Guy W. Nicolette, MD
- 2:10-2:30 pm **Posterior Cruciate Ligament Injury**
David Heath, MD
- 2:30-2:50 pm **Collateral Ligament Injury**
Matthew C. Murray, MD
- 2:50-3:10 pm **Patellar Tendinopathy Injury, Diagnosis and Treatment**
Guy W. Nicolette, MD
- 3:10-3:30 pm **ACL Update**
Jesse C. DeLee, MD
- 3:30-3:45 pm **Panel Discussion**

3:45-4:00 pm BREAK

WORKSHOPS

4:00-5:45 pm

Biomechanics in Rehabilitation

K. Renee Thiebaud, PhD, PT

Meg Jacobs, PT

Concussions

Jorge E. Gomez, MD

Sports Medicine Case Presentation

Jesse C. DeLee, MD

Mark M. Casillas, MD

Thomas M. DeBerardino, MD

5:45 pm

Adjourn