

AGENDA

50th Annual Symposium on Sports Medicine, 2023 (Virtual)

February 3-5, 2023

Day 1: Friday, February 3, 2023

7:30 am ***Introduction & Welcoming Remarks***
Jesse C. DeLee, MD
Katherine Bartush, MD

INVITED SPEAKER

7:35-7:50am Annual Symposium on Sports Medicine: Fifty Years
Jesse C. DeLee, MD

7:50-8:30 am Excellence in Sports Medicine and Success in Your Sports
Medicine Careers
James R. Andrews, MD

SYMPOSIUM I: GENERAL SPORTS MEDICINE

Moderator: Jorge Gomez, MD

8:30-8:50 am **Heat Illness**
Caitlyn Mooney, MD

8:50-9:10 am **Diabetes in the Athlete**
Jorge Gomez, MD

9:10-9:25 am **Asthma in the Athlete**
Ramy Noche, MD

9:25-9:40 ***Panel Discussion***

9:40-9:55 Break

SYMPOSIUM II: HEAD AND SPINE IN SPORTS

9:55 Moderator: Ajeya Joshi, MD

9:55-10:15 **Concussion Update**
Jonathan Santana, DO

10:15-10:35	CTE: Where are we? Jorge Gomez, MD
10:35-10:55	C-Spine Injuries Ajeya Joshi, MD
10:55-11:15	Lumbar Spine Injuries Christopher Chaput, MD
11:15-11:35	Stingers and Burners Fred G. Corley, MD
11:35-12:00	<i>Panel Discussion</i>

12:00-1:00 Lunch

ANATOMY WORKSHOPS

1:00-2:15	Moderator: Jesse C. DeLee, MD
	Anatomy I – Shoulder Philip Jacobs, MD
	Anatomy II - Elbow and Hand Fred G. Corley, MD & Brandon Stein, MD

2:15 pm Adjourn

Day 2: Saturday, February 4, 2023

7:30 am	<i>Welcoming Remarks</i> Jesse C. DeLee, MD
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SYMPOSIUM III: FOOT AND ANKLE

7:35	Moderator: Mark Casillas, MD
7:35-7:55	Mid-Foot Injuries Shumaila Sarfani, MD

7:55-8:15	Syndesmosis - High Ankle Sprain Katherine Bartush, MD
8:15-8:35	Stress Fractures in the Lower Extremity Thomas Hand, MD
8:35-8:55	Achilles Tendon Pathology Mark Casillas, MD
8:55-9:15	Compartment Syndrome – Acute and Chronic Mayo Galindo, MD
9:15-9:40	<i>Panel Discussion</i>

9:40-9:55 Break

SYMPOSIUM IV: THE SKELETALLY IMMATURE ATHLETE

9:55	Moderator: Matt Landrum, MD
9:55-10:15	Upper Extremity Injuries in the Adolescent Athlete Steven Gibbons, MD
10:15-10:35	Lumbar Spine Injuries in the Adolescent Athlete Matt Landrum, MD
10:35-10:55	Lower Extremity Injuries in the Adolescent Athlete Steven Gibbons, MD
10:55-11:15	<i>Panel Discussion</i>

11:15-11:45 Lunch

SYMPOSIUM V: UPPER EXTREMITY

11:45	Moderator: Fred G. Corley, MD
11:45-12:05	Examination of the Shoulder Katherine Bartush, MD

12:05-12:25	Rotator Cuff and Slap Lesions Michael Loeb, MD
12:25-12:45	AC, SC and Clavicle Injuries Philip Jacobs, MD
12:45-1:00	Break
1:00-1:20	Shoulder Instability Matthew Murray, MD
1:20-1:40	Hand Injuries in the Athlete Ryan Rose, MD
1:40-2:00	Elbow Injuries in the Athlete Bernard Morrey, MD
2:00-2:20	Panel Discussion
2:20 pm	Adjourn

Day 3: Sunday, February 5, 2023

7:30 am **Welcoming Remarks**
Jesse C. DeLee, MD

SYMPOSIUM VI: LOWER EXTREMITY

7:35 Moderator: Katherine Bartush, MD

7:35-7:55 **Hip Injuries in Athletes**
Travis Burns, MD

7:55-8:15 **Physical Therapy Following Athletic Injuries to Lower Extremity**
Marie Charpentier, DPT

8:15-8:35 **Hamstring and Quadriceps Injuries**
Kenneth O. Kenneth-Nwosa, MD

8:35-8:55 *Panel Discussion*

SYMPOSIUM VII: THE KNEE

8:55 Moderator: Jesse C DeLee, MD

8:55-9:15 **Knee Imaging**
Jennifer Swart, MD

9:15-9:35 **Meniscal Injury and Repair**
John Pearce, MD

9:35-9:55 **Collateral Ligament Injury**
Randall Schultz, MD

9:55-10:15 **Patellofemoral Joint**
Matthew Murray, MD

10:15-10:35 Break

10:35-10:55 **Posterior Cruciate Ligament Injury**
Katherine Bartush, MD

10:55-11:15 **Articular Cartilage Injury**
Brad Tolin, MD

11:15-11:35 **ACL Update**
Jesse DeLee, MD

11:35-12:00 *Panel Discussion*

12:00-12:30 Lunch

WORKSHOPS

12:30-2:00 **Biomechanics in Rehabilitation**
Renee Thiebaud, PhD, PT

Meg Jacobs, PT

Concussions

Daren Molina, MD

Kirsten Schneider, MD

Sports Medicine Case Presentations

Jesse DeLee, MD

Mark Casillas, MD

Katherine Bartush, MD

John Pearce, MD

2:00 pm

Adjourn